

# Covid-19: Quick reference guide

| What to do if  | Action needed  | Return to school when....   |
|--|--|---|
| ...my child has COVID-19 symptoms  | <ul style="list-style-type: none"> <li>Do not come to school</li> <li>Contact school to inform us</li> <li>Self-isolate the whole household</li> <li>Get a COVID-19 test</li> <li>Inform school immediately about the test result</li> </ul>   | ...the test comes back negative   |
| ...my child tests positive for COVID-19  | <ul style="list-style-type: none"> <li>Do not come to school</li> <li>Contact school to inform us</li> <li>Confirm with the school the earliest date for possible return (min. 10 days)</li> <li>Self-isolate the whole household</li> </ul>   | ... they feel better. They can return after 10 days even if they have a cough or loss of taste/smell. These symptoms can last for several weeks |
| ...my child tests negative   | <ul style="list-style-type: none"> <li>Contact school to inform us</li> <li>Discuss when your child can come back (same/next day)</li> </ul>   | ...the test comes back negative and your child feels well enough to return  |
| ... my child is ill with symptoms not linked to COVID-19 (sickness and/or diarrhoea)                             | <ul style="list-style-type: none"> <li>Do not come to school</li> <li>Contact school to inform us</li> <li>Ring on each day of illness</li> </ul>  | ... after 48 hours following the last bout of sickness or diarrhoea. As per attendance policy.  |
| ... my child is ill with symptoms not linked to COVID-19 (runny nose and/or sore throat)                         | <ul style="list-style-type: none"> <li>Check temperature and for symptoms of COVID-19</li> <li>If no COVID-19 symptoms, come to school if well enough</li> <li>If not well enough, ring on each day of illness</li> </ul>  | ... they feel better and are showing no symptoms of COVID-19  |
| ...someone in my household has COVID-19 symptoms   | <ul style="list-style-type: none"> <li>Do not come to school</li> <li>Contact school to inform us</li> <li>Self-isolate the whole household</li> <li>Household member to get a COVID-19 test</li> <li>Inform school immediately about the test result</li> </ul>   | ...the test comes back negative   |
| ...someone in my household tests positive for COVID-19   | <ul style="list-style-type: none"> <li>Do not come to school</li> <li>Contact school to inform us</li> <li>Confirm the earliest date for possible return (min. 14 days)</li> <li>Self-isolate the whole household</li> </ul>   | ...the child has completed 14 days of isolation   |
| ...NHS test and trace has identified my child as a close contact of somebody with symptoms or confirmed COVID-19 | <ul style="list-style-type: none"> <li>Do not come to school</li> <li>Contact school to inform us</li> <li>Confirm the earliest date for possible return (min. 14 days)</li> </ul>   | ...the child has completed 14 days of isolation   |
| ... we/my child has travelled and has to self-isolate as a period of quarantine                                  | <ul style="list-style-type: none"> <li>Do not take unauthorised leave in term time</li> <li>Consider requirements and FCO advice when booking travel</li> </ul> <p><b>Returning from a destination where quarantine is needed</b></p> <ul style="list-style-type: none"> <li>Confirm the earliest date for possible return (min. 14 days)</li> <li>Self-isolate the whole household</li> </ul> | ...the quarantine period of 14 days has been completed  |
| ... we have received medical advice that my child must resume shielding  | <ul style="list-style-type: none"> <li>Do not come to school</li> <li>Contact school to inform us</li> <li>Shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>   | ...restrictions have been lifted and your child can return to school again  |
| ... my child's class / year group (bubble) is sent home due to a COVID-19 outbreak in school                     | <ul style="list-style-type: none"> <li>Do not come to school</li> <li>Your child will need to isolate for 14 days</li> <li>Siblings can continue to attend unless they develop symptoms or a person in the household tests positive</li> <li>At home, support your child with remote education</li> </ul>  | ...school informs you that the bubble will be reopened  |

# Catch the bus not Covid



**Do not board the bus if you or a member of your household, has symptoms of coronavirus (COVID-19).**

## Got Symptoms?

Continuous cough, high temp, loss of taste and/or smell

## Self Isolate

At home for 10 days. Anyone in your households should isolate for 14 days

## Get Tested

Call 119 or use the NHS portal to book your test at Gloucester Test Centre, Hempsted Meadow

# Would you have kept your child off school before Covid?

Yes

Keep your child off school

Yes

Keep your child off school and at home.

Ring 119 or go to [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus) to order a home test kit.

**You cannot access a test through 111 or 999. Please do not go to A&E.**

Your child and your household must self-isolate until you have the result of this test

Speak to their specialist team about testing criteria if you haven't already spoken to them or had a letter in the post telling you when to act

No

Do they have:

1. A new continuous cough?
2. A fever (high temperature over 38°C using a thermometer)?
3. A complete loss or change of smell or taste?

No

Does your child have an underlying chronic medical condition such as cystic fibrosis?

Yes

Children who are otherwise well with:

- Runny noses
- Sore throats without a fever
- Mild colds

Can go to school as **NORMAL**

No